

After Procedures & Marked Skin — Home Protocol

The post-procedure shelf, what is really in it, and where the honest limits are.

Who this is for: skin recovering from microneedling, peels or laser, and skin left marked or textured after breakouts.

What these products are: soothing, barrier-supporting cosmetics for compromised skin. The Soothing Repair Postcream in particular is built for the days after a procedure.

What they are not: scar treatments. A raised, keloid or contracted scar is a medical matter, and established scars generally need procedural work — needling, laser, subcision — rather than a cream. What a good post-procedure routine does is protect the result you paid for.

The first 48 hours

Whatever the procedure, the same three rules apply and they matter more than any product choice.

1. **Nothing active.** No acids, no retinoids, no vitamin C, no exfoliation, no fragrance if you can avoid it.
2. **Nothing hot.** No sauna, no hot shower on the face, no exercise that flushes the skin.
3. **No sun at all,** then daily SPF once the skin will tolerate it. Fresh marks darken faster than old ones.

The routine

Cleanse, minimally

SNOW O₂ CLEANSER · AED 330

It foams rather than needing to be rubbed, which is the only reason it belongs in a post-procedure routine. Lukewarm water, pat dry, no towel friction.

Soothe

SOOTHING REPAIR POSTCREAM · 50 g · AED 204

What actually carries the soothing here is the licorice derivative **dipotassium glycyrrhizate 0.200%**, **scutellaria root 0.200%**, **allantoin 0.200%** and **bisabolol 0.050%** — four calming ingredients at real concentrations.

Around **8.3%** lipids and **12%** butylene glycol with **6.39%** glycerin make up the rest of the comfort.

Its growth-factor peptide is present at **1 part per billion**. We mention it because the label does, not because it is doing the work.

Protect the barrier

SKIN BARRIER PROTECTING CREAM · 50 g · AED 450

The richest of the face creams and the one with a licensed barrier active: **ceramide NP at 0.5%**, which the Korean panel prints as 5,000 ppm, with **glycerin 17.49%** and **shea butter 3%**.

Use it as the occlusive lid over the postcream when skin is tight or flaking.

Rehydrate, once the skin is calm

MOISTURE REPLENISHING HYALURON SERUM · AED 330

Hydrolyzed hyaluronic acid at 2,000 ppm — small enough to sit in the surface rather than on it. Water, not oil, so it layers under anything.

Then sun protection, without exception

ULTRA SHIELD SPF 50+ · AED 250

Fragrance-free and the higher rating of the two. This is the step that decides whether a healing mark fades or sets.

What is actually in these products

Measured concentrations from the signed formulas, for the products above.

INGREDIENT	WHERE IT IS, AND HOW MUCH	WORTH KNOWING
Dipotassium glycyrrhizate	Postcream 0.200%	The licorice derivative that carries most of the soothing
Allantoin	Postcream 0.200%	Not in the Barrier Cream, contrary to what we published before
Scutellaria root, bisabolol	Postcream 0.200% and 0.050%	Two more calming ingredients at real doses
Centella triterpenes	Postcream 0.020% combined	Present, and smaller than the licorice above it
Ceramide NP	Barrier Cream 0.5%	The licensed barrier active in this routine
Hydrolyzed hyaluronic acid	Hyaluron Serum 2,000 ppm	The hydrating step, once skin is calm
sh-Oligopeptide-1 (EGF)	EGF Repair Oxymask Cream 0.1 ppm — and nowhere else	A dose the manufacturer prints on its own carton, to their credit
sh-Polypeptide-7	Postcream 1 ppb	The postcream contains no EGF at all

A correction to our own earlier advice

An earlier version of this protocol listed **EGF** in the Soothing Repair Postcream and **allantoin** in the Skin Barrier Protecting Cream. **Neither is in the product named.** It also credited EGF with "collagen remodelling" and "wound healing" — those are drug claims, and they were attached to an ingredient present at a tenth of a part per million in the one product that does contain it.

Sets

POST-PROCEDURE ESSENTIALS	PRICE
SOOTHING REPAIR POSTCREAM · 50 g	204
ULTRA SHIELD SUN CREAM SPF 50+	250
Total	AED 454

FULL RECOVERY ROUTINE	PRICE
SNOW O ₂ CLEANSER	330
SOOTHING REPAIR POSTCREAM · 50 g	204
MOISTURE REPLENISHING HYALURON SERUM	330
SKIN BARRIER PROTECTING CREAM · 50 g	450
ULTRA SHIELD SUN CREAM SPF 50+	250
Total	AED 1,564

Prices include VAT. Orders over AED 1,000 ship free within the UAE.

What to expect, honestly: a calmer, more comfortable recovery and less risk of a fresh mark darkening. What a cream cannot do is remodel an established scar. If a scar is raised, tethered or spreading, that is a dermatologist's conversation, and the right answer is usually a procedure. Orders over AED 1,000 ship free within the UAE.

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Concentrations quoted are from the manufacturer's signed formulas and certificates of analysis. Revised August 2026.